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New Patients and Clients

"Your First Visit"

Congratulations on choosing **Skin Deep Aesthetics** in Wichita KS. If you have not already done so... please read and complete the **Confidential Questionnaire and Consent Form**

Microcurrent Facial and Ultrasonic Body Sculpting procedures are becoming the most effective, non-invasive, painless cosmetic procedure in the United States. Hollywood celebrities have used this technology, including stars like Sandra Bullock, Drew Barrymore, Jennifer Aniston, Kelly Ripa, Gwyneth Paltrow, Meryl Streep, Rene Zellweger, Goldie Hawn, Jamie-Lee Curtis, Mel Gibson, Liv Tyler, Kate Winslett, Michelle Pfeiffer, Susan Sarandon and many more.

These procedures are accumulative in their effect. The number of sessions depends upon the condition of your skin and facial aesthetics. Typically, a non invasive facelift should plan on at least 8 sessions in their program. Your professional will be able to determine your most effective approach. Ultrasonic Body Sculpting typically removes 1-2 inches of waistline fat per session.

Guidelines to a positive experience

- 1. Please print out and complete the Confidential Questionnaire and consent forms before your appointment or arrive 15-20 minutes before your appointment to complete these forms that will be used by your professional to customize a procedure program for you.
- 2. Some techniques of the procedure will involve points along the neck and upper chest area around the collarbone. so you will be asked to wear a salon wrap. You may elect instead to bring a spaghetti strap garment or robe to allow access to this area.
- 3. Your makeup will be removed in the initial phase of the facial procedure so you may choose to wear little or none at all before your appointment. You may re-apply makeup afterwards.

Note: Mascara is not always removed by this procedure.

- 4. It is recommended that you remove your contacts prior to a procedure session, but it is not necessary.
- 5. Introductory sessions are given with the understanding that you agree to spend about 5 minutes afterwards to discuss treatment options. Sometimes special pricing will be made available to you only during your first demonstration visit, so be sure and bring along any preferred payment methods.
- 6. If you have had a cosmetic procedure such as Botox, Chemical Peel, Microdermabrasion, Injectable Filler,

or Skin Resurfacing recently, your skin may not be ready to begin a MCR program. Your aesthetician will be able to determine this during your initial consultation.

- 7. Although there is evidence we can promote healing properties on many types of skin disorders such as acne, we cannot perform certain procedures while you have any open sores or wounds.
- 8. You questions should be covered by previewing our website therapies before your first visit. however your professional will be happy to answer any additional questions during your visit.

What to expect during and after your procedure

1. After an initial cleansing, a cool Jet Clear spray mist cleanse will exfoliate dried skin, hydrate the skin and enhance the skin's receptivity to the infusion process.

There will be 3 phases of Microcurrent performed each session.

- **Phase 1** will stimulate and enhance circulation;
- Phase 2 is the toning and sculpting phase;
- **Phase 3** is the setting phase.

You should not feel any pain, but at times you may feel a "tingling" sensation. This is normal, but if it becomes uncomfortable simply inform your professional and they will take the appropriate measures. Your procedure should be relaxing and comfortable.

2. Everyone experiences different results after a procedure, and there is no way to tell which specific aging effects will be improved the first. However, we think you can count on being satisfied with the accumulative results that are achieved from a full procedural program. Clients over the age of 40 typically see the greatest regenerative changes, although younger clients can enhance their skin health and postpone the signs of aging.

Benefits from your first procedure may include:

- Positive changes in the overall glow and color of your skin.
- Skin texture is remarkable more smooth and soft.
- An overall lift of the facial contours and certain features (most people notice the eyes and cheeks).
- Skin feels more firm and less affected by gravity and movement.
- Minor smoothing of lines and wrinkles.
- Skin disorders, especially acne and Rosacea may reduce right away.

Some patients will appear more changed than others upon their first procedure, but all patients experience age-defying changes as muscle memory begins to increase at the 6th or 7th session. Of course your lifestyle will influence the speed and quality of your transformation, ie. (quality of your diet, frequency of exercise, amount of water you drink, stress, smoking).

After each session is completed

4. You may resume your normal day without any swelling or inflammation whatsoever. To receive the best results from each procedure it is recommended that the Skin Support product used during your procedure is not washed off for at least 4-6 hours. The product is invisible on the skin and you may re-apply your makeup. over the product. Ideally you should adopt a collagen and elastin gel replacement therapy to enhance and extend the positive results of this treatment.

That's all there is to it

We look forward to your first visit and we are confident in the age-defying results we will achieve for you. We have a safe, non-invasive protocol for many forms of skin enhancements and we appreciate any referrals from friends, family, and co-workers

Congratulations on taking your first step to a safe and effective rejuvenation.

Looking in the mirror will soon be something you look forward to every day, and you will never get tired of hearing others tell you how great you look.